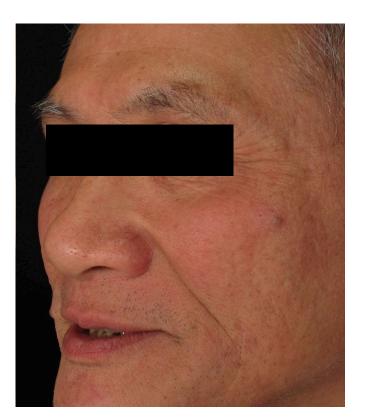
Level 3 Resurfacing



Level 3: Laser Peel (BBL + PF/ spot contour)



After

Level 3 resurfacing is ideally suited to patients with more advanced sun-damage presenting as mottled pigmentation. The pigmentation is widespread, small confetti-like or could be larger patches that may at times be rough and thickened. There may also be accompanying broken capillaries. The degree of sundamage and blemish typically requires a thick layer of foundation for camouflage in women.

Depending on the degree of previous sun-damage, the condition can be quite marked even from age mid-30's onwards. Older patients will also start to show textural (wrinkled) changes. Level 3 resurfacing works best on colour irregularities rather than texture (lines and wrinkles). The BBL-ProFractional combination is best suited for more severe forms of pigment blemish. Please refer to the patient information on the lasers specified by your dermatologist.

Level 3 resurfacing is more ablative (or 'stronger') than level 2 resurfacing. After the procedure there will be mild swelling and occasional bleeding spots, and will require up 2–5 days to recover (depending on treatment intensity). Pigmented age spots and 'age warts' will need to be removed by focused laser and there will be light scabbing over the treated areas for up to a week. Please refer to the post-procedure instruction sheet for detailed post-laser care.

Overall, this treatment has a rapid recovery with 80% of the treated skin healed by 2–3 days and up to 5 days for more intensive treatment. Thicker age spots ('barnacles') may take up to 7 days to heal. Level 3 resurfacing is often considered a 'week-end 'or 'long-weekend' peel. This is a very popular maintenance Laser peel for patients of all ages and can be repeated every 12–18 months to keep the skin looking its best.