

Level 7 Resurfacing



Baseline



Week 1



Week 2

Level 7: Laser Peel (Contour + MLP/CO2)

Level 7 resurfacing is suitable for patients with severely sun-damaged skin with deeply entrenched lines around the eyes, mouth (especially upper lip) and cheeks. Level 7 resurfacing is the only method that can correct and reverse textural changes resulting in cobble-stoned appearance, etched lines and grooves. These surface changes usually do not respond to standard lasers and may not even respond to surgical lifting procedures.

Please allocate up to 10 days for recovery. The post-operative appearance is dramatic with lots of swelling and oozing but that is surprisingly well tolerated. Oozing and crusting will be significant in the first 5 days followed by gradual exfoliation and peeling of the scab from days 5–10. Please refer to the patient information on the lasers specified by your dermatologist. You will be given a post-procedure sheet with detailed instructions on post-laser care that you should follow.

Patients typically need to undergo one session and the results can be very impressive and enduring. Invariably patients are very happy with the improvement and the feedback is that the results certainly justify the recovery process. Filler or botox injections, where indicated, can be carried out 2 weeks after the resurfacing procedure. For maintenance, lower level lasers resurfacing (Levels 3–5) can be considered every few years to keep the complexion looking at its absolute best.